Abba Alonius used to say,

Unless a man saith in his heart,

## Only God and myself exist in this world,

he will not find rest.

Paradise of the Holy Fathers, tr. Budge, Vol. II, p. 13, #47

Pearls from the Holy Fathers

August 19-25, 2013

Holy Transfiguration Monastery, Brookline, MA • www.htmp.org